



# Nanny Plan

Nov. 27th - Dec. 10th

MON	TUES	WED	THURS	FRI	SAT	SUN
<p><b>Comfort Food</b></p> <p>Chicken Rice Broccoli Casserole Book 1 Page 41 Mixed Greens and More Book 1 page 192 Marshmallow Cream Cheese Dip Book 1 page 273 Grapes Bananas Apples or fruit of choice</p>	<p><b>Italian</b></p> <p>Massimiliano's Quick AND Easy Pasta. (From Venice) Book 2 Page 61 Great Garlic Bread Book 2 page 237 Two Basic Salads Salad 2 Book 2 page 258</p>	<p><b>Fish &amp; Meatless</b></p> <p>Macadamia Nut Crusted Fish Book 2 page 69 Brown Rice with Almonds Book 2 page 217 Roasted Beets Book 2 Page 229 Green Beans or Blueberry Pancakes Book 2 page 101</p>	<p><b>Mexican</b></p> <p>Pepper Jack Potato Soup Book 1 Page 53 (Pepper jack cheese makes it so Mexican)</p>	<p><b>Pizza</b></p> <p>Marinara Pizza Book 1 page 140 or Dough in Book 1 or 2 Other Pizza of Choice</p>	<p><b>Grill</b></p> <p>New York Steak Salad With Gorgonzola (Made this for Brook White on my show) Book 1 Page 188</p>	<p><b>Traditions</b></p> <p>Chicken Tarragon With Cream Book 2 Page 201 Angel Hair Pasta with Olive Oil, fresh lemon juice, a little butter and Parmesan Cheese Green Beans Fresh Fruit Compote Book 2 Page 85 (look at variations)</p>
MON	TUES	WED	THURS	FRI	SAT	SUN
<p><b>Comfort Food</b></p> <p>Biscuits and Sausage Country Gravy Book 1 Page 44 Frozen Corn Dark Secret ( with or without the Hershey Kisses) Cookies Book 2 page 296</p>	<p><b>Italian</b></p> <p>Spaghetti with Cheesy Tomato Cream Sauce Book 1 Page 66 Quick Cesar Salad Book 1 page 195 Italian Bread Book 1 Page 224 Green Beans</p>	<p><b>Fish &amp; Meatless</b></p> <p>Flap Jacks With Oats and Whole Wheat Book 2 Page 95 Eggs, Fried or scrambled</p>	<p><b>Mexican</b></p> <p>Mexican Chicken and Rice Book 2 Page 111 (Flour Tortillas, warmed)</p>	<p><b>Pizza</b></p> <p>Roasted Cherry Tomato Pizza Book 2 Page 141 or Dough in Book 1 or 2 Other Pizza of Choice</p>	<p><b>Grill</b></p> <p>Teriyaki Burger or (Use Ground Turkey ) Under Variations Book 1 Page 150 or Chips, Carrot Sticks Grill Fish, prepare Rice and Veggies instead of Burgers</p>	<p><b>Traditions</b></p> <p>Easy White Wine Sunday Chicken Book 2 Page 191 Linguini with Parmesan Book 2 Page 227 Asparagus Book 2 Page 215 Banana Cake with Cream Cheese Frosting Book 2 Page 292</p>