



MON	TUE	WED	THU	FRI	SAT	SUN
<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Carrot Potato Soup With Ginger (Book 11 pg 54) • Bruschetta (Book 1 pg 81) 	<p>ITALIAN</p> <ul style="list-style-type: none"> • Zitti with Arugula Pesto and Sausage (Book 2 pg 48) • French Baguettes (Book 2 pg 242) 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Broccoli and Swiss / Cheddar Frittata (Book 2 pg 84) 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Carne Asada Tacos (Book 1 pg 112) • Mexican Beans and Rice (Book 1 pg 122) 	<p>PIZZA</p> <ul style="list-style-type: none"> • Authentic Margherita Pizza (Book 1 pg 144) 	<p>GRILL</p> <ul style="list-style-type: none"> • Roast Salmon with Tarragon (Book 1 pg 97) • Rice Pilaf (Book 1 pg 213) • Broccoli/Cauliflower 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • BBQ Beef Sandwiches (Book 1 pg 175) • Potato Salad (Book 1 pg 196) • Hello Dolly Bars (Book 1 pg 267)

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<p>COMFORT FOOD</p> <ul style="list-style-type: none"> • Food Nanny Chicken Soup with Dumplings (Book 2 pg 35) 	<p>ITALIAN</p> <ul style="list-style-type: none"> • American Lasagna (Book 2 pg 60) • Two Basic Salads (Book 2 pg 258 Option #2) 	<p>FISH + MEATLESS</p> <ul style="list-style-type: none"> • Red Lentil Coconut Soup (Book 2 pg 80) • Kamut Bread or Naan Bread (Book 2 pg 239) 	<p>MEXICAN</p> <ul style="list-style-type: none"> • Taco Salad (Book 1 pg 126) 	<p>PIZZA</p> <ul style="list-style-type: none"> • Pizza With Mushrooms (Book 2 pg 145) 	<p>GRILL</p> <ul style="list-style-type: none"> • Farmhouse Grilled Porterhouse with Arugula (Book 2 pg 170) • Lemony Red Potatoes (Book 2 pg 161) • Fresh Asparagus • Peas 	<p>TRADITIONS</p> <ul style="list-style-type: none"> • Brilliant Oven BBQ Chicken (Book 2 pg 203) • Baked Potatoes • Corn • Left over Asparagus and Peas • Northern Style Corn Bread (Book 1 pg 241) • Chewy Granola Cookies (Book 2 pg 304)